



Victor Perkins, DO

Anesthesiology | Pain Medicine | Life Care Planning

Curriculum Vitae

PROFESSIONAL EXPERIENCE

Attending Anesthesiologist/Pain Medicine Physician, Partner 8/2021 - Present
Director of Regional Anesthesiology, Thousand Oaks Surgical Hospital
Los Robles Regional Medical Center Anesthesiology Residency
Conejo Los Robles Anesthesiology Medical Group
Los Robles Regional Medical Center - Level 2 Trauma
Thousand Oaks, CA

Attending Anesthesiologist, Partner, Board Member 7/2018 - 8/2021
PAR Anesthesiology Medical Group
St. Mary's Medical Center of Dignity Health
San Francisco, CA

Attending Anesthesiologist 1/2021 - 8/2021
Lyons - Huber Anesthesia
Adventist Health - St. Helena
St. Helena, CA

Attending Anesthesiologist 7/2017 - 7/2018
Assistant Professor of Anesthesiology
Zucker School of Medicine at Hofstra/Northwell
North American Partners in Anesthesia
North Shore University Hospital - Level 1 Trauma Center
Manhasset, NY

MEDICAL-LEGAL EXPERIENCE

Physician Life Care Planning 8/2025 - Present
Perkins Anesthesiology Corp.
Calabasas, CA

Qualified Medical Evaluator - California 10/2023 - Present
Bay Area, Ventura, Los Angeles, CA



EDUCATION AND CLINICAL EXPERIENCE

New York Medical College 7/2014 - 6/2017
St. Joseph's Regional Medical Center, Trauma Center
Anesthesiology Residency
Paterson, NJ

Hackensack Meridian Health 7/2013 - 6/2014
Palisades Medical Center
Transitional Year Internship
North Bergen, NJ

Touro College of Osteopathic Medicine, New York 8/2009 - 6/2013
Doctor of Osteopathic Medicine, 2013
New York, NY

California Polytechnic University, Pomona 8/2004 - 6/2009
Bachelor of Science, Cum Laude, 2009
Major: Biotechnology, Cell and Molecular Biology; Business Emphasis
NCAA Athlete: Soccer
Pomona, CA

WORK EXPERIENCE

The Perkins Group, Inc. 6/2007 - 7/2009
Research Analyst
Palmdale, CA

California Polytechnic University, Pomona 8/2008 - 6/2009
Department of Organic Chemistry
Student Research Assistant
Pomona, CA

City of Hope Eugene and Ruth Roberts Summer Research Academy 6/2007 - 9/2007
Department of Molecular Biology and Tumorigenesis
Student Research Assistant
Duarte, CA

BOARD LICENSURE

American Board of Anesthesiology - Certification #62337
American Board of Pain Medicine - Certification #221251

CERTIFICATIONS

Qualified Medical Evaluator, DWC California
ICHCC Certified Life Care Planner (CLCP), License #1871



MEDICAL LICENSES

California, active
New York, expired

PROFESSIONAL MEMBERSHIPS

American Society of Anesthesiologists
California Society of Anesthesiologists
New York School of Regional Anesthesia

HONORS AND AWARDS

COMLEX Physiology Award 2011
Top 3 Students in Class
Touro College of Osteopathic Medicine, New York

Touro Touch Hours Award Recipient 2011
Over 100 hours of volunteer work completed
Touro College of Osteopathic Medicine, New York

Academic Scholarship 2008 - 2013
International Cultural Association of California

University Honors 2004 - 2009
California State Polytechnic University, Pomona

NCAA Scholar Athlete 2004 - 2006
California, State Polytechnic University Pomona

VOLUNTEER WORK

East Harlem Tutorial Program 11/2010 - 6/2012
Provided one-on-one mentorship to an inner-city high school student, supporting academic growth, expanding awareness of career pathways, and motivating successful pursuit of higher education.

Ghana Medical Mission 6/2010 - 8/2010
Delivered frontline medical services in Western Ghana by performing examinations, administering vaccines, and supporting surgical teams. Played a key role in initiating a mobile clinic that remains operational, expanding healthcare access in isolated regions.

RESEARCH EXPERIENCE

Patel, T, Perkins V: "Unconventional Oral Intubation in Edentulous Angioedema/Anaphylaxis" 2025. Los Robles Regional Medical Center. Poster and Oral Presentation at Society for Head and Neck Anesthesia 2025 Conference

Markley J, Perkins V, Schanzer V: "Intermediate Cervical Plexus Block: A Review of Fascial Planes and Potential Spaces" 2017. New York Medical College at St. Joseph's Regional Medical Center. Poster Presentation accepted to 2017 International Anesthesia Research Society



Perkins V, Campbell A, Sesana G, Parvez U: "Supraclavicular Catheter for Treatment of CRPS Type 2" New York Medical College at St. Joseph's Regional Medical Center. Poster Presentation American Society of Regional Anesthesia Conference 2017 and Mid-Atlantic Anesthesia Research Conference 2017

Perkins V, Zauk J, Upadya P: "The Variation in Techniques and Rationale for Properly Securing the Nasal Endotracheal Tube" 2016. New York Medical College at St. Joseph's Regional Medical Center. 2nd Place at the Mid-Atlantic Anesthesia Research Conference 2016

Perkins V, Grinn M, Ravi R: "The Effectiveness and Cost Benefit of Acetaminophen for Post Operative Pain in ENT Surgery." 2015. New York Medical College at St. Joseph's Regional Medical Center. Presented at the Post-Graduate Assembly in Anesthesia New York 2015

Grinn M, Perkins V, Ravi R: "The Impact of Intraoperative Anesthesia Techniques on Reducing Post-Operative Pain, Nausea, and Vomiting in ENT Surgery" 2015. New York Medical College at St. Joseph's Regional Medical Center. Poster Presentation at the Post Graduate Assembly in Anesthesia in New York 2015

Perkins V, Rego J: "Photoconductive Hexaalkoxytriphenylene Discotics" 2009. Dept. of Organic Chemistry, California Polytechnic University, Pomona, Poster Presentation

Perkins V, Ponniah G: "Fenofibrate Inhibits Human Aldose Reductase and Modulates Polyol Pathways" 2007. Department of Molecular Biology and Tumorigenesis, City of Hope National Medical Center. Poster Presentation

INTERESTS

Professional - CRPS, Regional Anesthesia, Neuroanesthesia, Trauma, Non-opioid Pain Management
Personal: International Travel, Surfing, Endurance Training, D.J'ing, Motorsport