



Richard Thai, DO

Physical Medicine & Rehabilitation | Pain Medicine

Curriculum Vitae

EDUCATION

Pain Medicine ACGME Fellowship 07/2021 - 06/2022

Veterans Affairs Greater Los Angeles Health Care System/University of California, Los Angeles

Physical Medicine and Rehabilitation ACGME Residency 07/2018 - 06/2021

UC Irvine Medical Center

Transitional Year ACGME Residency 06/2017 - 06/2018

Kaweah Delta Medical Center

Doctor of Osteopathic Medicine 08/2012 - 05/2017

Western University of Health Sciences

Bachelor of Science, Biochemistry 09/2007 - 06/2011

University of California, San Diego

LICENSURE

Osteopathic California Medical License Expires 08/31/2026

20A17017

DEA License Expires 11/30/2027

FT8216815

CA Fluoroscopy Supervisor and Operator License Expires 4/30/2026

RHC00206634

Advanced Cardiac Life Support Expires 03/31/2027

CERTIFICATIONS

Board Certified in Physical Medicine and Rehabilitation (ABPMR) 07/2022 - Continuing

Board Certified in Pain Medicine (ABPMR) 09/2022 - Continuing

Lean Six Sigma Yellow Belt 11/2020

WORK EXPERIENCE

Assistant Clinical Professor 06/2023 - Present

Charles Drew University



Section Chief of Pain Management 08/2022 - Present
VA Long Beach

Physical Medicine and Rehabilitation Per-Diem Physician 02/2022 - Present
SCPMG Baldwin Park

RTHAI REHAB, A Professional Medical Corp 09/2020 - Present
SNF PM&R/Pain Consultant

PROFESSIONAL ACTIVITIES

Associate Residency Program Director 11/2023 - 06/2025
Charles Drew University PM&R Residency Program

Chair of Clinical Competency Committee 11/2023 - 06/2025
Charles Drew University PM&R Residency Program

Graduate Medical Education Committee 11/2023 - 06/2025
Charles Drew University

Multi-Disciplinary Pain Committee 08/2022 - Present
Veterans Affairs Long Beach Health Care System

Opioid Safety Work Group 08/2022 - Present
Veterans Affairs Long Beach Health Care System

Graduate Medical Education Committee 07/2021 - 06/2022
Veterans Affairs Greater Los Angeles Health Care System/UCLA

Alumni Mentorship Program 09/2020 - 05/2022
Western University of Health Sciences

Chief Resident 07/2020 - 06/2021
Physical Medicine and Rehabilitation Residency
UC Irvine Medical Center

Housestaff Safety Officer 07/2019 - 06/2020
UC Irvine Medical Center

Medical Student Mentorship Program 07/2018 - 07/2020
Association of Academic Physiatrists

Patient Drug and Safety Committee 06/2017 - 06/2018
Kaweah Delta Medical Center

Montclair Free Clinic 08/2012 - 05/2017
Western University of Health Sciences

Pomona Health Career Ladders 08/2012 - 06/2014
Western University of Health Sciences



HONORS AND AWARDS

STAFF PHYSICIAN

- VA Long Beach PM&R Health Care Group Award for Dedication to Patient Care 2024

RESIDENCY

- Pain Clinic Resident of the Year 2020
- Chief Resident Award 2021

MEDICAL SCHOOL

- Sigma Sigma Phi Graduation Honors 2017
- Stahl Memorial Scholarship 2015
- Pre-doctoral Teaching Scholarship in Osteopathic Manipulative Medicine 2014-2017
- Distinguished Service Award Pomona Health Career Ladder 2014
- D.O. Student of the Month 2013

UNDERGRADUATE

- Undergraduate Research Fellowship Program Award 2011
- HMP3 Distinguished Service Award 2011
- UCSD Provost Honors 2011

LECTURES AND PRESENTATIONS

Journey to Excellence: Pain Clinic and Charles Drew University PM&R Residency 03/2025

Tibor Rubin Long Beach VA Healthcare System

Axial Fluoroscopic Guided Pain Procedures 05/2024

Physical Medicine and Rehabilitation Lecture Series

Rush Medical Center

LBVA IPC and Interventional Pain Clinic Presentation 02/2024

VISN 22 RECC ICC Grand Rounds

Complex Regional Pain Syndrome 04/2023

Physical Medicine and Rehabilitation Residency Lecture Series

UC Irvine Medical Center

Beyond the Bread and Butter: Advanced Interventional Spine Procedures 02/2022

Pain Medicine Fellowship Lecture Series

Veterans Affairs Greater Los Angeles Health Care System/University of California, Los Angeles

Reviewing Cervical Facet Joint Consensus Guidelines 11/2021

Pain Medicine Fellowship Lecture Series

Veterans Affairs Greater Los Angeles Health Care System/University of California, Los Angeles

Genicular Nerve RFN versus CSI 04/2021

Physical Medicine and Rehabilitation Residency Lecture Series

UC Irvine Medical Center



Rheumatology Review 01/2021
Physical Medicine and Rehabilitation Residency Lecture Series
UC Irvine Medical Center

Healthcare Inequity and Implicit Bias 12/2020
Physical Medicine and Rehabilitation Residency Lecture Series
UC Irvine Medical Center

Diagnostic and Interventional Ultrasound Workshop 09/2020
Physical Medicine and Rehabilitation Residency Lecture Series
UC Irvine Medical Center

Musculoskeletal Medicine Review 01/2020
Physical Medicine and Rehabilitation Residency Lecture Series
UC Irvine Medical Center

Basics of Osteopathic Manipulative Medicine 10/2019
Physical Medicine and Rehabilitation Residency Lecture Series
UC Irvine Medical Center

Strain-Counterstrain Workshop 03/2016
École Ostéopathie Paris, France
Western University Pre-Doctoral Teaching Fellowship

PUBLICATIONS/RESEARCH

RESEARCH PAPERS (PEER-REVIEWED)

1. Chan V., Thai R., Vartanian R., Kim MS., Hatch MN., Koh J., Han JJ., Sensor acquired reachable workspace in the elderly population: A cross-sectional observational study. Medicine (Baltimore). Jul 2022
2. Thai, R., Lee, V., Smoking and Carpal Tunnel Syndrome, Rehab In Review, vol. 27, no. 10, Oct. 2019
3. Sanchez J., D.O., Brohard J., D.O., & Thai, R., D.O. (2018). An Exploration of Zink's Common Compensatory Pattern: Comparing Myofascial Restrictions to Segmental Spinal Somatic Dysfunctions: A Retrospective Study. The AAO Journal, 28(Dec 2018), 16-21.
4. Keyme, R., Thai, R., Increased risk of bladder rupture in non-compliant SCI patients with augmentation cystoplasty: A Case Report, PM&R Journal, vol. 8, issue 9S, Sept. 2016



POSTER PRESENTATIONS

1. Buckley, S., Thai, R., Ho, C., Ultrasound Guided Barbotage of Right Supraspinatus Calcific Tendinitis: A Case Report, Presented at AAP 2025
2. Poole, E., Ho, C., Thai, R., Pulsed Lumbar Medial Branch Radiofrequency as an Alternative Treatment Option for Lumbar Spondylosis in the setting of Lumbar Spondylolisthesis: A Case Report, Presented at AAP 2025
3. Hendrix, S., Ho, C., Thai, R., Adjacent Segment Disease due to Vertebral Body Auto-fusion: A Case Report, Presented at AAP 2025
4. Chang, E., Hernandez, G., Thai, R., Ho, C., Pulsed Radiofrequency for the Management of Pain from Lumbar Facet Arthropathy: A Case Report, Presented at AAPM&R 2024 Conference
5. Bazzi, M., Ho, C., Thai, R., Iliohypogastric/Ilioinguinal Nerve Block for Medial Thigh Dysesthesia Following an Orchiectomy: A Case Report, Presented at AAPM 2024 Conference
6. Gooing, J., Chang, E., Ho, C., Thai, R., Thoracic Outlet Syndrome and OnobotulinumtoxinA: A Case Report, Presented at AAPM 2024 Conference
7. Bazzi, M., Thai, R., Ho, C., Addressing Post-Lumbar Fusion Axial Low Back Pain: A Case Report on the Treatment of Adjacent Segment Disease with RFN
8. Thai, R., Fahmy, K., Majors, D., AC Joint Cyst a Rare Complications of Rotator Cuff Tear; Case Report, Presented at AAP 2021 Virtual Conference
9. Sunico, R., Turchi, R., Thai, R., Lee, S., Pediatric Central Nervous System Vasculitis; Case Report, Presented at AAP 2021 Virtual Conference
10. Thai, R., Ellico, T., Mehrabi, M., Takemoto, R., Non-surgical Management of Calcific Tendinitis; Case Report, Presented at AAP 2020, Orlando, FL
11. Sulindro, D., Thai, R., Dayal, R., Przybysz, A., Cutaneous Skin lesion as a side effect of Cooled Radiofrequency Ablation; Case Report, Presented at NANS 2020 in Las Vegas, NV
12. Thai, R., Lee, V., Lee, S., Spinal Cord Stimulator Placement Resulting in Spinal Cord Injury; Case Report, Presented at AAPM&R 2019 Annual Assembly in San Antonio, TX
13. Thai, R., Lau, J., Lee, P., Takemoto, R., Axial Back Pain Improvement with Iliolumbar Prolotherapy Injection; Case Report, Presented at 2019 AAP Annual Meeting in San Juan, PR
14. Lau J., Thai R., Khoury S., Bilateral Meralgia Paresthetica after Robot-Assisted Laparoscopic Myomectomy; Case Report, Presented at 2018 AAP Annual Meeting in Atlanta, GA