



PETROS K. FROUSIAKIS, DO

Orthopedic Surgery | Sports Medicine

CURRICULUM VITAE • July 2025



Contact

1571 Pathfinder Avenue
Westlake Village, California 91362
pfrousiakis@cmhshealth.org
(714) 272-5105

MEDICAL-LEGAL & CLINICAL QUALIFICATIONS

- 2021–Present **California Qualified Medical Evaluator (QME)**
California workers' compensation
- Board-Certified Orthopedic Surgeon**
Fellowship-trained in Sports Medicine
Clinical focus: sports-related injuries, joint replacement and cartilage preservation

CLINICAL PRACTICE

- 2024–Present **Orthopedic Surgeon**
Centers for Family Health • Ventura, CA
- 2019–2024 **Orthopedic Surgeon**
Ocean Orthopedics • Ventura, CA
- 2019–2023 **Orthopedic Consultant**
Ventura Post Acute • Ventura, CA

ACADEMIC & LEADERSHIP APPOINTMENTS

- 2025–Present **Department Chairman of Orthopedic Surgery**
Community Memorial Health System (CMHS) • Ventura, CA
- 2025–Present **Fellowship Director**
Quality Improvement and Patient Safety Competencies • Ventura, CA
- 2019–Present **Core Teaching Faculty; Chair, Orthopedic Sports Medicine Department**
CMHS Orthopedic Residency Program • Ventura, CA
Member, Clinical Care Committee
- 2019–Present **Associate Professor, School of Medicine**
Western University of Health Sciences • Pomona, CA



EDUCATION & POSTGRADUATE TRAINING

2018–2019	Sports Medicine Fellowship, Orthopedic Surgery Southern California Orthopedic Institute (SCOI) • Van Nuys, CA
2013–2018	Orthopedic Surgery Residency Community Memorial Health Systems • Ventura, CA Chief Resident Physician, PGY-5
May 2013	Doctor of Osteopathic Medicine Western University, College of Osteopathic Medicine (COMP) • Pomona, CA
May 2009	Bachelor of Science, Cellular Biology California State University, Fullerton • Fullerton, CA
Dec 2002	Undergraduate General Education University of Minnesota, Morris • Morris, MN

LEADERSHIP, AWARDS & SERVICE

2019–Present	Football Team Physician Pacifica High School • Oxnard, CA
2017–Present	Board Member, VietCal Viet Duc Hospital • Hanoi, Vietnam Provides free medical care in association with local Vietnamese surgeons
2015–2018	Chief Orthopedic Resident CMHS
2013–2018	Team Resident Physician Provided medical care for sporting events at Buenaventura High School
2013–2015	Resident Liaison, Graduate Medical Education CMHS • Assisted with policy-making decisions on behalf of all resident specialties
2013–2014	Resident of the Year Award
2011–2013	Volunteer, Healing Hearts Across Borders Clinical mission trips to Tijuana, Mexico, four times per year
2003–2009	Assistant Coach, Canyon High School Mentored students in their academic and athletic goals



PUBLICATIONS & BOOK CHAPTERS

2025	Rolfs H, Frousiakis PK, et al. Management of Isolated Tibial Plateau Defect. Case Rep Orthop. Jun 2025.
2023	Lamb A, McKinney B, Frousiakis PK, et al. A Comparative Study of Traditional Technique Guide versus Virtual Reality Training for Tibia IMN Surgery. J Surg Educ. 2023.
2022	McKinney B, Dbeis A, Lamb A, Frousiakis PK, Sweet S. Virtual Reality Training in Unicompartmental Knee Arthroplasty: A Randomized, Blinded Trial. J Surg Educ. 2022 July.
2022	Mousselli M, Chiang E, Frousiakis PK. Epidural phlegmon and iliopsoas abscess caused by Salmonella enterica bacteremia: A case report. Int J Surg Case Rep. 2022 June.
2022	Cinti J, Elbert G, Lamb A, Frousiakis PK, and Sweet S. Knee Dislocations and Multi- Ligament Knee Injuries: A Review. Osteopathic Family Physician, Vol. 14, no. 3, 2022 May.
2021	Saini A, Eichenseer C, Meyers A, Frousiakis PK. Septic Gonococcal Arthritis in a Pediatric Patient: Rare case report. Int J Surg Case Rep. 2021 March.
2021	Dierckman BD, Frousiakis PK, Snyder SJ, Burns JP, Getelman MH, Karzel RP, Bahk MS. Arthroscopic Repair of Medium to Large Rotator Cuff Tears with a Triple- Loaded Single-Row Technique Augmented with Marrow Vents. Arthroscopy. 2021 January.
2020	Frousiakis PK, Ferkel RD, Ferkel EI. Osteochondral Lesions of the Talus. Baxter's Foot and Ankle. May 2020.

PROFESSIONAL MEMBERSHIPS

- American Academy of Orthopaedic Surgeons
- Arthroscopy Association of North America
- American Osteopathic Academy of Orthopedics
- American Osteopathic Association
- American Medical Association
- Osteopathic Physicians and Surgeons of America

LANGUAGES

Greek: Fluent, written and spoken

Spanish: Intermediate, written and spoken



PRESENTATIONS & EDUCATIONAL WORKSHOPS

2022	Frousiakis PK, "Orthopedic Resident Emergency Room Basics," conference presentation and skills lab. Community Memorial Hospital Ventura, CA, July 2022.
2022	Frousiakis PK, "Irreparable Rotator Cuff Tears," conference presentation. Community Memorial Hospital Ventura, CA, June 2022.
2022	Frousiakis PK, "The Unstable Shoulder," conference presentation. Community Memorial Hospital Ventura, CA, January 2022
2021	Frousiakis PK, "Orthopedic Resident Emergency Room Basics," conference presentation and skills lab. Community Memorial Hospital Ventura, CA, August 2021.
2021	Frousiakis PK, "Reverse Total Shoulder Arthroplasty," conference presentation. Community Memorial Hospital Ventura, CA, June 2021.
2021	Frousiakis PK, "Rotator Cuff Repair," conference presentation. Community Memorial Hospital Ventura, CA, March 2021.
2020	Frousiakis PK, "Evidence Based ACL Treatment," conference presentation. Community Memorial Hospital Ventura, CA, September 2020.
2020	Frousiakis PK, "Orthopedic Resident Emergency Room Basics," conference presentation and skills lab. Community Memorial Hospital Ventura, CA July 2020
2020	Frousiakis PK, "Femoral Acetabular Impingement," conference presentation. Community Memorial Hospital Ventura, CA March 2020.
2019	Lamb A, McKinney B, Frousiakis PK, Sweet S. Virtual Reality in Orthopedic Trauma Training. American Osteopathic Academy of Orthopedics Annual Meeting - Poster presentation. 2019 Oct 24-26. Colorado Springs, CO.
2019	Frousiakis PK, (2019). Arthroscopic Repair of Medium to Large Rotator Cuff Tears with a Triple-Loaded Single-Row Technique Augmented with Marrow Vents. Paper presented at the annual SCOI Fellows Day Conference, Van Nuys, CA.
2019	Frousiakis PK, (2019). The SCOI Row. Video presented at the annual SCOI Fellows Day Conference, Van Nuys, CA.
2019	Frousiakis PK, (2019). Osteochondral Defects of the Talus and Distal Tibia. Los Angeles Foot and Ankle Society, Los Angeles, CA.
Ongoing	Golden T, Frousiakis PK, (start year to be confirmed–Present). Annual Arthroscopic Skills Workshop. Community Memorial Hospital Ventura, CA.
2019	Frousiakis PK, "Foot and Ankle Anatomy and Surgical Approaches", conference presentation and cadaver lab. Community Memorial Hospital Ventura, CA September 2019.
2019	Frousiakis PK, "Proximal Femur Fractures: Diagnosis and Treatment," conference presentation. Community Memorial Hospital Ventura, CA July 2019.

Annual Arthroscopic Skills Workshop: the source lists "2109–Present"; the start year requires confirmation.